### UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

#### FORM 8-K

# **CURRENT REPORT**

### Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 31, 2023

# ONE LIBERTY PROPERTIES, INC.

(Ex	act name of Registrant as specified in c	harter)
Maryland	001-09279	13-3147497
(State or other jurisdiction of incorporation)	(Commission file No.)	(IRS Employer I.D. No.)
·	Mill Road, Suite 303, Great Neck, New Idress of principal executive offices) (Zip	
Registrant's	telephone number, including area code:	516-466-3100
Check the appropriate box below if the Form 8-following provisions (see General Instruction A.2. below):		satisfy the filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 42	25 under the Securities Act (17 CFR 230	.425)
☐ Soliciting material pursuant to Rule 14a-12 to	under the Exchange Act (17 CFR 240.14	ra-12)
☐ Pre-commencement communications pursua	nt to Rule 14d-2(b) under the Exchange	Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursua	nt to Rule 13e-4(c) under the Exchange	Act (17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of	the Act:	
Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock	OLP	New York Stock Exchange
Indicate by check mark whether the registrant is an emerg or Rule 12b-2 of the Securities Exchange Act of 1934 (§24		405 of the Securities Act of 1933 (§230.405) of this chapter)
		Emerging growth company □
If an emerging growth company, indicate by check mark revised financial standards provided pursuant to Section 13		he extended transition period for complying with any new or

### Item 8.01 Other Information.

On May 31, 2023, we completed the previously announced sale of the Haverty Furniture retail property located in Duluth, Georgia, for a gross sales price of approximately \$6.0 million and an estimated \$3.2 million gain. We anticipate using the net proceeds of approximately \$6.0 million from the sale to pay down our credit facility debt, of which currently approximately \$20 million is outstanding.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description of Exhibit

104 Cover Page Interactive Data File – the cover page XBRL tags are embedded within the Inline XBRL document.

# SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ONE LIBERTY PROPERTIES, INC.

Date: June 1, 2023 By: /s/ Patrick J. Callan, Jr.

Patrick J. Callan, Jr.

President and Chief Executive Officer